

Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

Emotion Coaching Your Child

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater.

This workshop aims to develop an understanding of the types of emotions present in ourselves, and our children and how this can be supported within the home environment to develop emotional intelligence.

Learn more about;

- What are emotions and where do they come from
- How to talk to children about emotions
- Strategies for self-regulation and emotion coaching



Where:	Derrick Ernst Neighbourhood Centre 5 Tara Street, Morley
When:	Friday 3 December 2021
Time:	9.30am – 11.30am
Cost:	FREE – Registration is essential
Occasional Child Care:	Available on site, for a small fee. Bookings essential in advance. (Forms to be completed) Please phone (08) 9375 1985 to register

For more information and to register please contact:

Name: Midvale Hub Parenting Service (Perth North East)
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services