

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Anne Hamersley Primary School 16 Dunnett Drive, Ellenbrook
When:	Thursdays 17, 24 February, 3, 10, 17 & 24 March 2022 (must be able to attend all sessions)
Time:	9am – 11am
Cost:	FREE – Registration is essential
Crèche:	No crèche available for this program, babies in arms welcome

For more information and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.

