



**MIDVALE HUB
PARENTING SERVICE
PERTH NORTH EAST**

Tuning in to Kids

For parents and carers of children aged 3 - 10 years, who reside in the local government areas of Mundaring, Swan, Bassendean or Bayswater

Tuning in to Kids is a 6 session evidence based program that explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety

For more information and to register:

Scan the QR code or

Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au

Follow us on:



MIDVALE HUB PARENTING SERVICE
PERTH NE | Humanitix

MIDVALE HUB PARENTING SERVICE PERTH NE
uses Humanitix for their events. Discover...

humanitix.com

Maylands Public Library
28 Eighth Ave, Maylands

Wednesdays - 7, 14, 21, 28 August, 4, 11
September, 2024

9.30am - 11.30am
(must be able to attend all sessions)

FREE - Registration is essential
Only 12 Places available.

Crèche - Bookings essential. Limited places available at 'The RISE' for a minimal fee. Please enrol at www.bayswaterrecreation.com.au/the-rise-creche and follow the booking instructions. Online bookings can be made up to 7 days in advance.

Phone: 9208 2414 during Crèche hours

Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.



Shire of Mundaring Children's Services