

# Midvale Hub Parenting Service Perth (North East)



MIDVALE HUB

## 1-2-3 Magic and Emotion Coaching

A 3 session parenting program for parents of children aged 3 - 10 years

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- to avoid or manage potentially difficult situations



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| <b>Where:</b>  | <b>Hull Park Early Learning Centre</b><br>25 Hull Way, Beechboro                 |
| <b>When:</b>   | Tuesdays 19, 26 October & 02 November 2021<br><i>*must attend all 3 sessions</i> |
| <b>Time:</b>   | 6.00pm – 8.00pm  |
| <b>RSVP:</b>   | <b>FREE. Registrations Essential.</b><br>Lauren Stacey; (08) 9279 2345           |
| <b>Crèche:</b> | Not available for this program   |

**For more information, please contact:**

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Supported by



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Shire of Mundaring Children's Services