



# MIDVALE HUB PARENTING SERVICE PERTH NORTH EAST

## KEEPING KIDS IN MIND

**A 5 session program for parents  
experiencing conflict after separation**

**For parents and caregivers of children who  
reside in the local government areas of  
Mundaring, Swan, Bassendean or Bayswater**



Parents love their children and want the best for them, however after separation parenting often gets much tougher.

The course covers the following topics:

- Loss and grief after separation
- The hidden world of children
- Rebuilding resilience
- Bridging the gap
- Looking back and moving forward

The course is designed to:

- Assist parents to see through their children's eyes the experience of parental separation
- Develop greater understanding about how to support children following family separation.

**For more information and to express interest:**

**Scan the QR code**

**Midvale Hub Parenting Service (Perth North East)**

**Telephone: (08) 9290 6827**

**Email: [parentingservice@mundaring.wa.gov.au](mailto:parentingservice@mundaring.wa.gov.au)**

**Midvale Hub Parenting Service  
Perth North East  
33 Wellaton Street (Cnr Hooley Road)  
Midvale**

**Fridays - 23, 30 August, 6, 13,  
& 20 September 2024**

**10am - 12.30pm**

**\*Prospective participants must  
register and participate in a pre-group  
interview**



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Shire of Mundaring Children's Services