

# Midvale Hub Parenting Service Perth (North East)



## 1-2-3 Magic and Emotion Coaching

A 3 session parenting program for parents of children aged 3 - 10 years

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations



<b>Where:</b>	Anne Hamersley Primary School 16 Dunnett Drive, Ellenbrook
<b>When:</b>	Mondays - 22, 29 November & 6 December 2021 <i>*Participants must be able to attend all sessions</i>
<b>Time:</b>	9.00am – 11.00am
<b>Cost:</b>	<b>FREE</b> – registration is essential
<b>Crèche:</b>	Not available for this program.

**For more information and to register, please contact:**

Name: Midvale Hub Parenting Service (Perth North East)  
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Supported by



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Shire of Mundaring Children's Services