

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
- developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Brockman Community House 27 Hull Way, Beechboro
When:	Tuesdays 19, 26 October, 2, 9, 16 & 23 November, 2021 (must be able to attend all sessions)
Time:	9.30am – 11.30am
Cost:	FREE – Registration is essential
Crèche:	Limited places available. Bookings essential. Please contact Brockman House (08) 9279 1588. Cost of \$5 per session

For more information and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)

Telephone: (08) 9290 6827

Email: parentingservice@mundaring.wa.gov.au



Brockman Community House

Supported by



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Shire of Mundaring Children's Services