

# Being a Parent Course



CLAN Midland  
COMMUNITY LINK & NETWORK

For Parents with children aged 2-12

This 9-week course helps you to learn practical communication skills for everyday life and bringing up confident and happy children.

Topics you will learn about:

- Understanding children's behaviour
- Accepting and acknowledging feelings
- Listening and clear communication
- Labels and praise
- Discipline strategies
- Play



**FREE** to attend  
**FREE** creche available

**When:** Starting Monday's  
22nd of July to 16th of September

**Where:** Meerilinga Children and  
Community Service Ballajura  
2 Community Mews, Ballajura

Contact Julie on  
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 **Swan Communities  
for Children**

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**EMPOWERING  
PARENTS  
EMPOWERING  
COMMUNITIES**