

Midvale Hub Parenting Service Perth (North East)



Supporting Children's Strong Emotions

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater.

This is a FREE parent workshop recommended for parents and carers of children aged 3 to 10 years. The workshop aims to support parents developing an understanding of their children's emotional development and how to effectively respond to strong emotional experiences.

Learn more about;

- What are strong emotions and where do they come from?
- How to talk to children about strong emotions
- Strategies for self-regulation
- Enhance emotional literacy in children



Where:	Parkerville Baptist Church 910 Seaborne Street, Parkerville
When:	Thursday 2 December 2021
Time:	9.30am – 11.30am
RSVP:	FREE – Registration is essential
Crèche:	Limited places available. \$5/child. Booking is essential. Please email caroline.bent@parkycare.net.au

For more information, please contact:

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Supported by



The Midvale Hub Parenting Service Perth (North East) is provided by Midvale Hub (Shire of Mundaring) and funded by the State Government through the Department of Communities.

