

Midvale Hub Parenting Service Perth (North East)



Tuning in to Kids

For parents and carers who reside in the local government areas of Mundaring, Swan, Bassendean & Bayswater

A parenting program for parents of children aged 3-10 years

Tuning in to Kids is a 6 session program for parents, with children aged 3 to 10 years.

The program explores ways that parents can help their children develop emotional intelligence and increase the emotional connection between parents and children. Learn more about:

- developing emotion coaching skills to help children understand and regulate their own feelings and emotions
- promoting co-operative behaviour in young children
developing parent's own emotional awareness
- managing emotions such as anger and anxiety



Where:	Children's Services Office Midvale Hub Parenting Service Perth North East 33 Wellaton Street, Midvale
When:	Wednesdays 16, 23 February, 2, 9, 16 & 23 March 2022 <i>*Participants must be able to attend all sessions</i>
Time:	6pm to 8pm
Cost:	FREE – Registration is essential

For more information and to register, please contact:

Name: Midvale Hub Parenting Service (Perth North East)
Telephone: (08) 9290 6827
Email: parentingservice@mundaring.wa.gov.au



Supported by



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Shire of Mundaring Children's Services