



MIDVALE HUB

Midvale Hub Parenting Service Perth (North East)

Engaging Adolescents

Engaging Adolescents is a 2 session program for parents with children aged 11 to 18 years.

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The program explores the changing landscape of a teenager and the different skills parents can use to keep connected with their teen.

Learn more about:

- building positive relationships with teenagers
- setting realistic boundaries
- working out how to respond in tricky emotional situations
- having difficult conversations about going out, internet use, gaming or school work.



MIDVALE HUB

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Shire of Mundaring Family and Children's Services

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