



MIDVALE HUB

Midvale Hub Parenting Service Perth (North East)

1-2-3 Magic and Emotion Coaching

1-2-3 Magic and Emotion Coaching is a 3 session program for parents with children aged 3 to 10 years.

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The program explores ways parents can increase their children's ability to manage, and self-regulate their feelings and reactions. Learn more about:

- building positive relationships with children
- encouraging positive behaviour
- setting family rules and routines
- planning to avoid or manage potentially difficult situations.



MIDVALE HUB

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Shire of Mundaring Family and Children's Services

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